

HIV Myths and Facts

Understanding the truth about HIV is crucial in combating stigma and ensuring proper care. By learning the real facts, you can help dispel myths and support those living with HIV.

MYTH: You can tell that someone is living with HIV by looking at them

FACT: You can't tell that someone is living with HIV by looking at them.



MYTH: HIV only affects certain sexual orientations

FACT: Anyone of **any sexual orientation** can be affected by HIV.

MYTH: HIV affects childbirth and fertility.

FACT: HIV **does not affect fertility and childbirth**, especially if they receive treatment.



MYTH: HIV medications can cure HIV.

FACT: Medications for HIV **do not cure the virus but can reduce the amount of virus** in the body.

MYTH: You can get HIV from sharing cups and utensils with someone who is living with the virus

FACT: You **can't get** HIV from sharing cups or utensils; HIV is transmitted through bodily fluids that enter your bloodstream.



MYTH: Having HIV means your life is over.

FACT: **Early diagnosis and treatment are important** to living a healthy and fulfilling life with HIV.



TENNESSEE TRANSGENDER TASK FORCE

Visit www.tntaskforce.com for more resources.