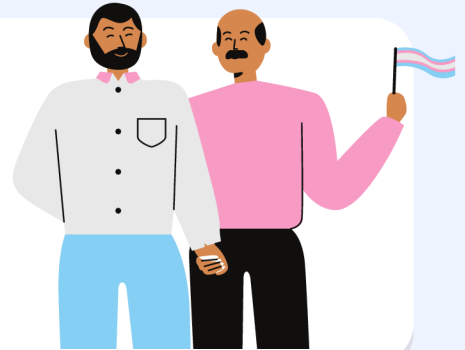


# Trans Myths and Facts

There are many myths surrounding transgender individuals that lead to misunderstanding and discrimination. By learning the facts, you can help create a more inclusive and compassionate society.

**MYTH:** All trans people have always known they were trans or known since they were little kids.

**FACT:** People can transition **at any age**, and it isn't always something known since they were little kids, they may have just felt "different."



**MYTH:** Non-binary people aren't real or are really a binary gender.

**FACT:** Non-binary people are real and valid in their identity.

**MYTH:** Trans people either don't have sex or are hypersexual.

**FACT:** Trans people are like anyone else; they are not a monolith but a spectrum of sexual desire.



**MYTH:** Trans women always want to be feminine, and trans men always want to be masculine.

**FACT:** Gender identity and gender expression are two different things and can be expressed differently per person.



TENNESSEE TRANSGENDER TASK FORCE

Visit [www.tntaskforce.com](http://www.tntaskforce.com) for more resources.