

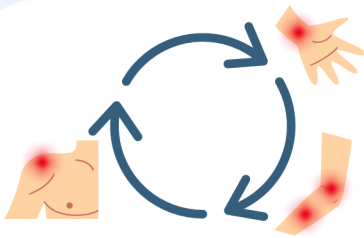
Tips For Safer Drug Injection

Harm reduction provides people who use drugs resources to take care of their health and one another without stigma.

Start slow. Try a **test** dose first

Try to use with other people

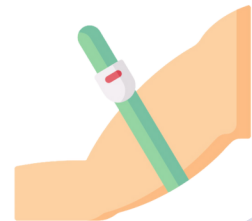
If there is no one around, consider using the **Never Use Alone Hotline: 1-800-484-3731**



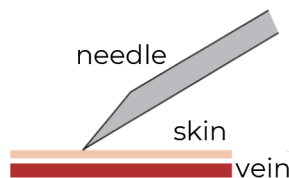
Regularly change injection sites

Allows time to heal and reduces buildup of scar tissue and risk of infection

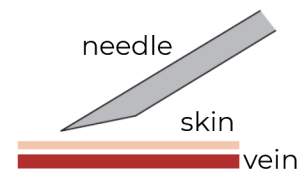
If having a hard time finding a vein, use a tourniquet, place a warm compress on the site, and/or do some physical activity



Inject with the bevel (hole) of the needle facing up, and always inject towards the heart



✓ Bevel Up



✗ Bevel Down



TENNESSEE TRANSGENDER TASK FORCE

Visit www.tntaskforce.com for more resources.