

# Harm Reduction

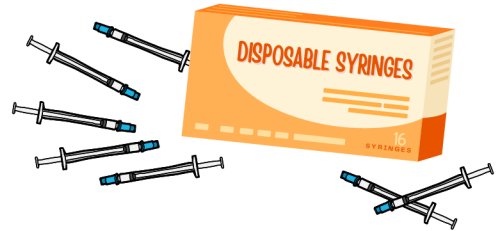
Harm reduction provides people who use drugs resources to take care of their health and one another without stigma.

## SYRINGES AND OTHER INJECTION SUPPLIES

➔ Using **new injection supplies every time** helps prevent HIV and hepatitis C transmission, abscesses, and other infections

➔ Smoking / snorting / swallowing all have a lower chance of leading to infection than injecting and can reduce the chance of overdose

➔ Available for free through harm reduction programs; can sometimes be purchased in bulk online at low cost



## NALOXONE / NARCAN

➔ Reverses opioid overdose

➔ Comes in **nasal spray and injectable forms**

➔ Available for free from harm reduction programs and Regional Overdose Prevention Specialists (ROPS); available for purchase at pharmacies without a prescription



TENNESSEE TRANSGENDER TASK FORCE

Visit [www.tntaskforce.com](http://www.tntaskforce.com) for more resources.